

Mary-Catherine Segota, Psy.D., P.A.
Licensed Clinical Psychologist
Certified Family Mediator

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CURRICULUM VITAE

CERTIFICATION

2010 Supreme Court Certified Family Mediator #24673F
2005 Psychologist License #PY7123 State of Florida

EDUCATION

2003 Georgia School of Professional Psychology, Atlanta, Georgia
Doctorate in Clinical Psychology
1999 Georgia School of Professional Psychology, Atlanta, Georgia
Master of Arts in Clinical Psychology
1996 Loyola University, New Orleans, Louisiana
Bachelor of Arts in Psychology

CLINICAL EXPERIENCE

June 2006 – present **Behavioral Medicine Director / Clinical Psychologist,**
Executive Health, Pain & Wellness Clinic
Winter Garden, FL

October 2005 – June 2006 **Clinical Psychologist**
Psychological Associates for Total Health
Miami Shores, FL

October 2005 – June 2006 **Behavioral Medicine Research Project Manger,**
Tele-S.M.A.R.T. (Stress Management and Relaxation
Training for men with Advanced Prostate Cancer)
University of Miami,
Department of Psychology, Coral Gables, FL

October 2004 – August 2005 **Behavioral Medicine Research Project Manger,**
P-S.M.A.R.T. (Stress Management and Relaxation
Training for men with Prostate Cancer)
University of Miami,
Department of Psychology, Coral Gables, FL

December 2002 – August 2005 **Behavioral Medicine Research Project Manager,**
S.M.A.R.T. – Energy Project (Stress Management and
Relaxation Training for individuals with Chronic
Fatigue Syndrome)
University of Miami,
Department of Psychology, Miami, FL

July 2001 – July 2002 **Clinical Psychology Intern**, University of Miami/Jackson Memorial Hospital, Miami FL.

September 2000 – June 2001 **Therapist**, Clayton County CMHC, Jonesboro GA

September 1999 - Aug 1999 **Therapist**, Clayton County CMHC, Jonesboro, GA

September 1999 - Dec 1999 **Teaching Assistant**, Georgia School of Professional Psychology, Atlanta Georgia

December 1998 – June 2001 **Psychometrist**, Private Practices, Cartersville, Stockbridge & Covington, Georgia

August 1998 - August 1999 **Psychometrist & Therapist**, Metro State Prison, Atlanta, Georgia

October 1997 – July 2000 **Client Intake & Billing Specialist**, The HUB Counseling and Education Center, Tucker, GA

August 1996 - Dec 1996 **Psychology Trainee**, Private Practice, Slidell, Louisiana

Fall 1996 **Psychometrist**, Private Testing Center, New Orleans, Louisiana

Fall 1996 **Consultant**, Hibernia Bank, New Orleans, Louisiana

RESEARCH EXPERIENCE

October 2005 – present **APC Tele-S.M.A.R.T. - Project Manger**, University of Miami, Department of Psychology, Coral Gables, FL

October 2004 – August 2005 **P-S.M.A.R.T. - Project Manger**, University of Miami, Department of Psychology, Coral Gables, FL

December 2002 – Present **S.M.A.R.T. – Energy Project Manager**, University of Miami, Department of Psychology, Miami, FL

July 2000 – September 2003 **Attachment Styles and Mental Illness in Incarcerated Women (Doctoral Clinical Research Project)**, Georgia School of Professional Psychology, Atlanta GA

April 2000 - June 2000 **DeKalb Rape Crisis Center Program Evaluation**, Atlanta GA

August 1999 - Nov 1999 **Therapeutic Outcome Research**, Metro State Prison, Atlanta GA

January 1999 - August 2000

Therapeutic Outcome Research,
HUB Counseling and Education Center, Tucker GA

January 1996 - Nov 1996

**Differences in Locus of Control, Future Time
Perspective, and Personality Variables Between Violent
and Nonviolent Male Inmates at a Louisiana State
Penitentiary.** Loyola University, New Orleans LA

PUBLICATIONS

Siegel, S., Antoni, M.H., Fletcher, M.A., Maher, K., **Segota, M.C.**, Klimas, N. (2006). Impaired Natural Immunity, Cognitive Dysfunction, and Physical Symptoms in Patients with Chronic Fatigue Syndrome: Preliminary Evidence for a Subgroup? *Journal of Psychosomatic Research*, 60, 559 – 566.

Siegel, S. **Segota, M.C.**, Antoni, M., Maher, K., Fletcher, M.A., Weiss, D., Klimas, N. (2004). A Group-based Cognitive Behavioral Stress Management Intervention Improves Psychosocial and Medical Outcomes in Chronic Fatigue Syndrome. *Psychosomatic Medicine*, 66(1), A92.

PRESENTATIONS

Siegel, S., **Segota, M.C.**, Antoni, M., Fletcher, M.A. & Klimas, N. (2004) A Group-Based Cognitive Behavioral Stress Management Intervention Improves Psychosocial and Physical Status in Chronic Fatigue Syndrome. A poster presented at: American Association for Chronic Fatigue Syndrome. Madison, WI.

Segota, M.C. (2004). Cognitive behavioral group therapy for individuals with Chronic Fatigue Syndrome. Symposium Participant: American Association for Chronic Fatigue Syndrome Annual Conference. Madison, WI.

Segota, M.C. (2004). Stress management and relaxation training with Chronic Fatigue Syndrome. Presented at the 4th Annual Neuroendocrine-immune Disorders Patient Conference, Pompano Beach, FL.

Segota, M.C. (2003). Coping with Chronic Fatigue Syndrome. Presented at the 3rd Annual Neuroendocrine-immune Disorders Patient Conference, Pompano Beach, FL.

EDITORIAL

Ad hoc reviewer: *Annals of behavioral medicine*

Ad hoc reviewer: *International Journal of Behavioral Medicine*

PROFESSIONAL ORGANIZATIONS AND ACTIVITIES

FPA Member, Florida Psychological Association

Psi Chi, Psychology National Honor Society